

Hill climbing is coming home!

Welcome to the 2021 RTTC National Hill Climb Championships, sponsored by Irwin Mitchell Solicitors and promoted by Rutland CC and myHillCycling.co.uk on behalf of the North Midlands District Council.

The national championships this year is a truly historic occasion as the event is returning to Winnats Pass for the first time since 1977.

Winnats Pass has been the venue for the National Hill Climb on ten previous occasions, more than any other hill, and it is seen as being the home of the National Hill Climb Championships. The steep, unrelenting slopes accentuate the deleterious effects of gravity and are a stern test for the most capable cyclists. The topography of the pass creates a tunneling effect for the wind and provides the perfect amphitheatre for watching the competitors as they inch their way to the finish line. In short, Winnats is the perfect 'threatre of pain' and the perfect backdrop for the art of hill climbing.

When the national was last held on Winnats there were no championships for women, so it is with great excitement and anticipation that 2021 will mark the first crowning of 'The Queen of Winnats', and it is for this reason that the female competitors will be last to start this year.

The committee would like to thank all of our sponsors for supporting the event, in particular, our headline sponsor Irwin Mitchell. Promoting an event of this size would simply not be possible without the financial aid of sponsors and we have been thrilled that so many companies have come forward to support the event. Also, we would like to thank the many volunteers who have given up their time to help today. It's an early start for a hill climb, so we are particularly grateful for their help!

Without you, there would be no race, so we thank everyone for entering. As soon as the venue was announced, it immediately became apparent that the event would be oversubscribed, so can we ask that you make every effort to start. However, if you know that you won't be competing can you please contact the organisers so that your place can be taken by a reserve. Details for how to do this can be found later in this race book.

Winnats Pass is one of the main routes into Castleton and shutting the road will cause considerable inconvenience for the local community. Therefore the organisers would like to thank Castleton Parish Council and the National Trust for giving their approval for the event. Whether you are competing or spectating, can you please be mindful of the fact that you will be in an area of outstanding natural beauty, so please treat the environment and the local community with respect, and take any litter away with you.

As you take the start line this year, you will become a part of the rich history of the National Hill Climb Championships on Winnats. Some of this history is set out over the next couple of pages, with particular attention being paid to the 1966 event, where the winner set a time which still stands today as the course record. It has been a tough climb for the organising committee to get the event on Winnats, but we know that it will be all worthwhile when we see your grimacing faces!

It will truly be an 'I was there' moment for all involved, and we can't wait for rider number 1 to be counted down!

Thank you.

The national hill climb organising committee

Nick Latimer (co-organiser), Chris Myhill (co-organiser), Gordon Wordsworth (local community liaison), Toby Wilson (HQ boss), Adam Lathbury (clerk of the course), Steve Yeoman (National Trust liaison), Bob Cuff, Simon Keeton, Danny Lowthorpe, Paul Whittaker and Marc Etches (publicity).











Winnats Pass is the most important climb in British hill climbing. It has hosted the national championship on 10 occasions (1947, 1949, 1953, 1957, 1959, 1963, 1966, 1967, 1972 and 1977). The steep, continuous gradient and the natural amphitheatre of the pass make it the perfect test for the competitors and the perfect venue for spectators.

Historically, using Winnats Pass was not an issue as the traffic travelled over the Mam Tor road bypassing Winnats. Indeed, the course was the venue for the annual Upperthorpe CC hill climb from 1950 to 1964 and then the Birdwell Wheelers hill climb from 1966. However, after many years of landslides, and subsequent repairs, the Mam Tor road was permanently closed and Winnats Pass has not been used for a cycling hill climb since 1980.





Granville Sydney 1963

Peter Graham 1966





Phil Wildsmith 1972

Ian Moore 1977

The top times			
3 11.2	Pete Greenhalgh 1966 champs		
3 14.4	Gareth Armitage 1979 Birdwell Whlrs		
3 18.0	Granville Sydney 1963 champs		
3 20.8	Russ Foster 1962 Upperthorpe CC		
3 21.8	Granville Sydney 1970 Birdwell Whlrs		

The "Kings of Winnats"			
1947	Vic Clark 3 23.8		
1949	Bob Maitland 3 50.8		
1953	Roy Keighley 3 43.0		
1957	Eric Wilson 3 56.8		
1959	Gordon Rhodes 3 49.2		
1963	Granville Sydney 3 18.0		
1966	Pete Greenhalgh <i>3 11.2</i>		
1967	Paul Wildsmith 3 43.6		
1972	Granville Sydney 3 23.0		
1977	John Parker <i>3 22.6</i>		









The 1966 Championship The Record Year.

3 minutes 11.2 seconds!

Pos.	Name	Club	Time	
1 2 3 4 5 6 7 8 9	P.M Greenhalgh P. Wildsmith Granville Sydney R. Wilson R. E. W. Martin P. J. Graham C. J. Moon P. L. Broad Dg Middleton D. Cooper	East Bradford C C. Huddersfield Star Wh. Birdwell Wheelers Barrow Central Whs. West Pennine R. C. Leicestershire R. C. Rhos-on-Sea C. C. West Pennine R. C.	3 11.2 3 22.6 3 22.6 3 24.4 3 30.4 3 31.2 3 34.6 3 35.8 3 37.6	
11 T12 T12 14 15 16 17 18 19 20	R C Goodfellow Dk Middleton E McGourley S Holdsworth	Beacon R. C. C. West Pennine R. C. Houghton C C. East Bradford C. C. Huddersfield Star Whs. Tunstall Whs. C C.	3 37.8 3 38.8 3 38.8 3 39.2 3 39.6 3 39.8 3 41.2 3 41.8	
21 22 T23 T23 25 26 27 28 29 T30	C W Summerfield P.J.M. Kenworthy R B Adshead P. McVey K Wilson B J Evans Graham Sydney J S Healey G Dixon M Shaw	Nomads(Hitchin)C. C. Barnsley R. C Stretford Whs. Lancashire R. C. Leicestershire R. C. Weybridge Whs. Huddersfield Star Whs. Medway Whs. Hull Thursday R C. Birdwell Whs.	3 47 2 3 47 6 3 47 6 3 48 2 3 48 8 3 49 6 3 49 8 3 50 2	



rst non-Northern win since 1956 sets new Pass record

MAN-IN-FORM Pete Greenhalgh duly won the national hill-

MAN-IN-FORM Pete Greenhalgh duly won the national fill-climb championship with everything set perfect—weather, organization, record crowd: everything, that is, but his own physical state, writes Sidney Saltmarsh.

Yet, suffering though he was with a snorter of a cold and wracking cough, unwelcome souvenir of his win on the Snake Pass the week before, the 21-year-old Nottingham Phoenix hero conquered the torture of Winnats with a record time of 3min. 11.2 sec.; no one else could get within 10 seconds of this great effort. great effort.

Once again he was too good for the 1965 champion, Granville Sydney, who was 4.6 outside his hill record of 3-18, set up in 1963, and had to be content with third place behind East Bradford's Paul Wildsmith.

Exhausted at the end, Granville had no excuses. "This has been Pete's season," he said. "He deserved to win."

When he set off on the 970-yards climb he did not know Greenhalgh's time—though the Nottingham man was off 15 minutes earlier, the non-arrival of telephone equipment left the start line somewhat in arrears with news—but with 400 yards to go he was left in no doubt by the massed spectators that he was a second

down.

He reached the scoreboard, check, with 150 yards to go, in 2-38.4 against Greenhalgh's effortess-looking 2-32.8.

The comparison was he struggled up that killing 1 in 4 last twisting stretch, with the last man-off's inevitable handicap of knowing the odds against him, and he sagged to an 11.4 seconds.

Greenhalgh had covered that last stretch in 38.4 seconds. Wildsmith was fractionally slower

here than the defending champion, ut his better start gave him enough dee to take second place; and

though his 10 minutes earlier start had naturally kept his hopes optimistic, it was nothing more than optimism to consider the possibility of Greenhalgh failing to improve on such a good day.

His real delight was in the confirmation that he had elinched it for the East Bradford CC, whose major aim was the team title.

Perhaps the first hint that the North's stranglehold on the title was to be broken on their own classic course came from the 10th man off, Rod Goodfellow, Beacon RCC, whose 3-37.8, though obviously doomed to be relegated in time, held the lead for 20 minutes.

When it was displaced, the state of the board looked even more unfashionable.

From Wales, Pete Broad, Rhos-on-Sea CC, held top place with 3-34.6 for 35 minutes, though followed by some redoubtable Northerners, including Ian Sutcliffe, East Bradford CC, and Dave Tiffany, Huddersfield Star.

Even then it was Leiecstershire RC's Chris Moon who took over, and his 3-31.2 held good for half-an-hour before Wildsnith put the North back on top—for 10 minutes.

268 2848664886 28626

THE ROAD TIME TRIALS COUNCIL



23rd National Championship Hill Climb

Under R.T.T.C. Regulations and Championship Conditi

SUNDAY, 30th OCTOBER 1966 at 11.01 a.m.

(Subject to Championship Condition No. 13)
Fastest Time (presented to the Council by the Catford Cc.)
R.T.T.C. Medallion and prize valued £3.2.0
R.T.T.C. Medallion and prize valued £3.2.0
R.T.T.C. Medallion and prize valued £1.2.0.
Fastest Team (aggregate) 3 riders R.T.T.C. Championship Shield presented to the Council by the

	Charlottevil	le C.C. and R.	1.T.C.Medallions
	00	.1.1	
	Un	icials:	
		R. Mc	Queen, S. Curtis
Reserve Time	keeper		R. J. Austin
Recorder			H. P. Short
Judge			A. Coldwell
Chief Marsha	1		W. Ball
Starting Stews	ards	M. McNamara	& G. E. Morris
Number Take	r		J. Rollitt
Number Stew			ll & Mrs. Morris
Result Board			E. Evans
Announcers		I. Delbri	dge & C. Keeton
Clothing Stew	vards		Sharrow C.C. & Rutland C.C.
Communicati	ons	R. Coukham	& Rutland C.C.
Programme S			ody, V. Johnson,
			ham & Caldwell
			J. Boot, J. Carr,
J.	Copeland, L.	H. Dodd, E.	M. Ibbotson and
			and J. Teather
Finishing Stev	wards M	Fisher, R. Fe	oster, A. Golding
			and D. Ogden
Accommodati	on Secretary	S. Cowen, 26	Parsonage Cres.,
			Sheffield 6
Event Secreta	erv .	T Wilkinson	100 Woodside.
Litera Decica	,		ngfield, Barnsley

THE ROAD TIME TRIALS COUNCIL



23rd National Championship Hill Climb

Under R.T.T.C. Regulations and Cham Promoted on behalf of the Road Time Trials Council
by the North Midlands District Council
Chairman W. Ball

held SUNDAY, 30th OCTOBER 1966

The Winnats Pass Castleton Derbyshire

The Trimines Tuss, Custicion, Dersyshire,
OFFICIAL RESULT Prizewinners
Champion & Fastest Time P.M. Greenhalgh, Nottingham Phoenix (Hill Record)
2nd Fastest P. Wildsmith, East Bradford C.C. 3m 22s
3rd Fastest Granville Sydney, Huddersfield Star Whs. 3m 22.6e
Team Champions: 3m 22s East Bradford C. C. P. Wildsmith 3m 22s S Holdsworth 3m 39, 2s 1. Sutcliffe 3m 41. 8
10m 43s

ect to Championship Condition No. 13)

R.T.T.C. Championship Tr

(presented to the Council by the Catford C
R.T.T.C. Medallion and prize valued £2
R.T.T.C. Medallion and prize valued £3
R.T.T.C. Medallion and prize valued £4
R.T.T.C. Champion

(aggregate) 3 riders R.T.T.C. Champion

Shield presented to the Council by

Charlotteville C.C. and R.T.T.C.Medal

		Offici	als:		-
Timekeepers				R. Mc	Queen, S. Curt
Reserve Timekeep	per				R. J. Austi
Recorder					H. P. Shor
Judge					A. Coldwe
Chief Marshal					W. Ba
Event Secretary.		T.	Wil		100 Woodside ngfield, Barnsle









HQ: Hope Valley College, Castleton Road, Hope, Derbyshire, S33 6SD

Date: Sunday 31st October 2021

Course: Winnats Pass OHC/1

HQ Opens:	06.30
Road closure start:	06:30
Registration opens:	06:30
Junior men's race:	08:01
Junior women's race:	08:27
Men's race:	08:31
Women's race:	09:56
Road reopens:	11.00
Signing out closes:	12:00
Prize draw:	12:00**
Prize presentation:	12.15**

Live results



^{*}Precise timings will depend upon number of competitors in each category.

Race organisers: Nick Latimer and Chris Myhill.

Contact number on race day: Chris Myhill 07792 891157. Call for queries, but please text if you are simply passing on a message.

Event Team: Members of Rutland CC, myHillCycling.co.uk, Peak Road Club and the Cycling Clubs of the North Midland district.

Proceeds from the event going to local charities and causes, including: Castleton Primary School (Friends of Castleton School), Hope Valley College (PTA are providing refreshments at the HQ), Castleton Playing Fields, Castleton and District Village Hall.

Many thanks to all of the volunteers. Without their help this event could not go ahead—so please show your appreciation!

CLOCKS GO BACK ONE HOUR ON SATURDAY NIGHT!







^{**}Timings approximate, but we will do our best to stick to the schedule.



Time Keepers:

Start

Coordinator: Robin Field

Team 1 (left-hand-side of the road, odd numbers)

John Clarke Peter Rogers

Team 2 (right-hand-side of the road, even numbers)

Malcolm Wilson
Jan Wilson

Finish

Malcolm Smith Phil Minto Sue Bowler

Clerks: Christine Minto, Colin Coombe

Reserve timekeeper: Christina Gustafson

Live results



Eventrex will have a vehicle parked after the finish where there will be a screen displaying the <u>previous 5 finishing times only.</u> These times will be relayed to the HQ. If you have a query or issue with your time, under no circumstances should the finish timekeepers be approached. Please speak to a member of the team at the HQ who will direct you to Nick, Chris or Toby. Thank you.

First aiders: Derbyshire Light Medical

Photographers: Kimroy Photography **Commentary:** Carl Lawrenson

Traffic management: UDP Traffic Management

Chip timing, barriers and gantries: Eventrex

LIVE RESULTS: https://my.raceresult.com/183676/results

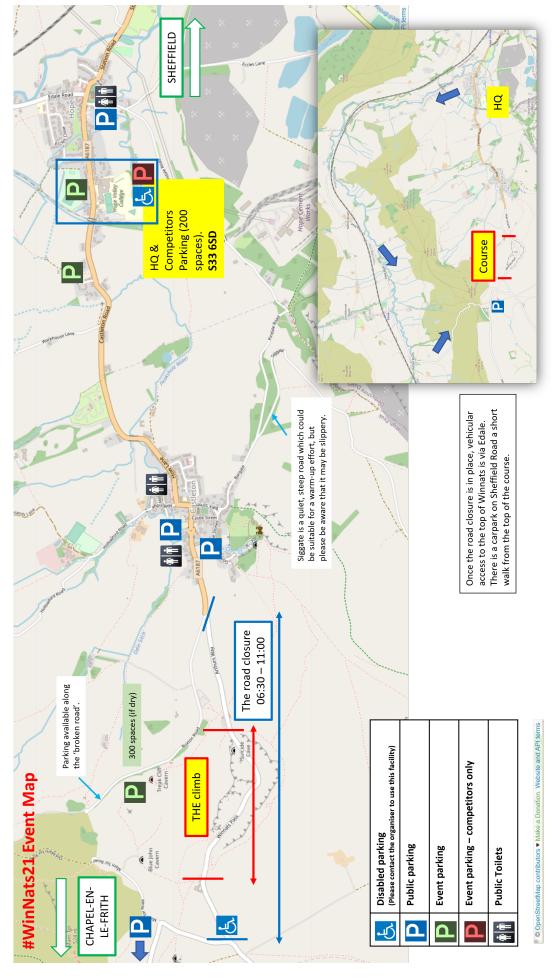
CLOCKS GO BACK ONE HOUR ON SATURDAY NIGHT!













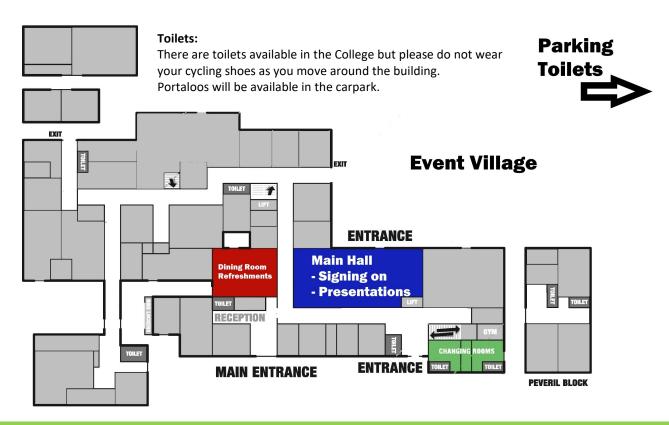
Headquarters

The following will be based at the headquarters:

- Signing on, number collection and signing out
- Refreshments (provided by Hope Valley PTA)
- **Toilets**
- Parking for officials and competitors
- Prize draw and winners presentation



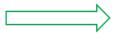
Castleton Road, Hope, Derbyshire, S33 6SD



Castleton Road



Hathersage and Sheffield



Castleton and Winnats











Winnats Pass OHC/1

START: on Winnats Road at first kerbstone on the left above (and to the west of) the cattle grid adjacent to Speedwell Cavern. Proceed uphill to:

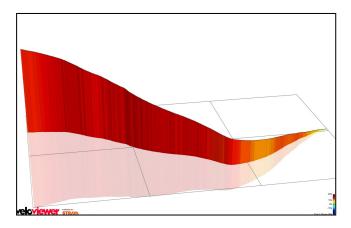
FINISH at Cattle grid sign just before the cattle grid adjacent to Winnats Head Farm.

LENGTH: 0.56mile / 985yds / 900 metres

HEIGHT GAIN: 140 metres giving an AVERAGE GRADIENT of 16%. MAXIMUM GRADIENT: 23%

RECOMMENDED GEARS: The gearing used on Winnats varies considerably according to the weather conditions. Indeed, the times of the previous winning performances range from 3 11.2 to 4 49.0! I am lead to believe that a popular choice in the 60s and 70s was 42 x 22, however this gear choice would have been due to what was available at the time, as this was pretty much the lowest combination available. Regardless of what you use, the course is suitable for a fixed gear, and I would definitely recommend a thorough recce.

(NOTE: the course description and length differ from that written in 1966 however, from our research, we are certain that the course is the same)





https://veloviewer.com/segments/28963337



https://www.strava.com/segments/28963337

Note: actual start and finish may vary from the segment details





Start and finish lines. Thanks to Bhima Bowden for providing these images











CTT Event Conditions

#WinNats21

(in addition to those on the back page)

An illuminated rear light, either constant or flashing, must be affixed to the rear of the machine in a position that is clearly visible to other road users. No light = no ride.

Helmets

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. All juniors and under 18 riders MUST wear a helmet.

Parental permission

All competitors who are under 18 must have a SIGNED PARENTAL PERMISSION form. These must be handed to the signing on steward when signing in. Copies will be available at the signing on desk, however it is recommended that a copy is downloaded in advance from here:

Word format: https://www.cyclingtimetrials.org.uk/documents/download/3742 PDF format: https://www.cyclingtimetrials.org.uk/documents/download/3743

Signing in and out

You must sign in at least 30 minutes before your start time. After this time your place may be allocated to a reserve rider. Please sign out by 12:00 so that the presentations can start promptly.

Competitor numbers

Please keep your competitor race numbers as a souvenir.

Timing chip

This event is being timed by Eventrex Event Services using chip timing and the results confirmed by timekeepers. All competitors must fit the timing chip to their front fork. See the instructions on fitting the timing chip in this booklet. Please return your timing chip when you sign out.

Competitors machine

Bicycles with a fixed wheel shall have a left hand threaded locking device securing the fixed sprocket. Bicycles with a free wheel shall have a working brake on the front wheel and a working brake on the rear wheel.

Riding the event:

Competitors will be held up but shall not receive a push start.

Competitors may not cover any part of the course on foot and must not be accompanied by persons on foot.

Competitors Parking

Parking is available for competitors and officials at the headquarters and will open at 6.00am. Competitors may wish to move to the carpark near to Winnats once they have signed on.

Spectator Parking

Please park in one of the car parks indicated on the map. Event parking is FREE but public parking will be pay and display. Spectators returning from Winnats can park at the HQ for the presentation.

Disabled Parking

There are disabled parking bays at the headquarters. If you require disabled parking at Winnats, provision will be made between the finish and the top road closure. In order for us to organise this can you please contact Chris Myhill on chrismyhill@btinternet.com so that we know how many spaces to make available. Please note that accessing the parking area at the top of the climb will involve a drive via Edale, so please give yourself plenty of time to get to the climb.











Warming up

The use of static trainers IS ALLOWED, but please do not set up a trainer outside a residential property. You will be able to warm up on the course until 07:45. Please do not impede the team putting up barriers and the timing equipment. Please take care when descending. It's steep.

Kit drop

A box will be available at the sign on table for any kit that needs taking to the top of the climb. The box will be taken to the top of the climb at 07:30 and 09:00. All unclaimed kit will be returned to the HQ and the promoters are not responsible for the safety of any kit left.

Riding to the start

It is 2 miles from the HQ to the start line. Please allow sufficient time.

Arriving at the start

Please do not arrive at the start more than 5 minutes before your start time. If you arrive before this time, you will be asked to continue warming up. Boxes will be available near the start for spare kit.

Finishing

There will be catchers at the finish who will move you to the side of the road to recover.

After your ride

Many of you will stay to watch the rest of the race, but if you wish to return to the HQ you can descend back down Winnats on the left side of the road but ONLY UNDER THE DIRECTION OF THE RACE MARSHALS. If you are told to stop please do so immediately. Be careful on the bottom corner where you may have to switch to the right hand side to avoid riders coming up.

Results

The previous 5 finishing times ONLY will be displayed at the finish. Results will be displayed at the HQ. If you wish to query a time, please approach a member of the organising team who will direct you to either Nick, Chris or Toby. Please DO NOT approach the team posting the results on the board.

If you are unable to start

Please text (DO NOT RING) either Chris or Nick so that your place can be allocated to a reserve rider. Please include your name and rider number in your text. Please text Chris ONLY on the morning of the race.

Reserve riders

Reserve riders given a place will start at the position of the rider they are replacing but wearing the number allocated to them on the start sheet.

If a female rider does not start the event that rider's place should be allocated to a female reserve. If there are no female reserves to place then a male can take that place. Similarly, if a junior rider does not start, that place will be taken by a junior reserve, but if there are no junior reserves left, the place can be taken by a senior if there no senior spots available (the reverse situation will also apply).

A reserve rider WILL take priority over a rider reporting for a late start. Reserve riders who compete in the event will be eligible for prizes. Times recorded by reserves are valid for all purposes. Any reserves not allocated a place prior to the event are advised to arrive by 07:00 if they wish to ride. Any reserves that turn up on the day, and fail to get a ride, will have their FULL ENTRY FEE reimbursed.









Event Instructions (cont.)

Rider prize draw

At 12:00, immediately before the prize presentation, we will hold a rider's number prize draw. Conditions of the prize draw are:

- 1 rider—1 prize.
- You need to be present at the prize draw in order to win a prize. If your number is called and you are not there to collect your prize, another number will be picked. If there is a reason why you absolutely cannot stay, please inform the steward when you sign out, but we are hoping that as many people as possible will stay to congratulate the medal winners.

Presentation

Championship jerseys, caps and medals will be presented from 12:30 in the following order:

- Junior age awards
- Senior age awards
- Teams
- Junior individual awards
- Men's individual awards
- Women's individual awards

Champions jersey provided by Kalas



kalas.co.uk

SUMMARY

- DO contact the organisers if you are unable to start
- DO bring a rear light (and spare batteries!) and a helmet
- DO park in the designated spaces.
- DO sign in at least 30 minutes before your start time
- DO sign out by 12pm and return your timer chip
- DO NOT warm up on the climb after 07:45
- DO return to the HQ for the prize draw and presentation
- DO have a great time

Spectators

National hill climbs have a reputation for 'robust' support from the assembled gallery, and with the event being held on Winnats, we are expecting the crowd to be particularly vocal this year!

Can we please ask, however, that you do not impede the competitors nor run alongside anyone. Can you also be mindful of the beautiful surroundings and in particular please do not climb on any walls to get a better view. Please be aware of riders coming back down the hill and can you remove any litter you see.





Finally, remember to buy your Winnats21 cowbell—the perfect memento of an epic day! These will be available to purchase at the bottom of the hill.

All proceeds going to Castleton charities and causes.

Refreshments

There will be a food van at the bottom of the climb and a Rapha coffee van at the top. There are also many cafes in Castleton and Hope.













How to fit an active timing chip for Road Racing



You will collect these bits from registration when you sign on (1 x RaceResult Pro Active timing chip, 1 x rubber pad and 2 x zip ties).

The chip is to be fitted at approximately 100mm (4 inches) up from the wheel axel on the right hand (drive side of your bike) fork leg

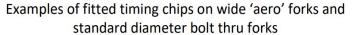
(if your quick release is on the same side please ensure that you can close it securely, slide the timing chip up slightly if required)



Thread both zip ties through the lugs with the tie over the sticker

Wrap the rubber strip around your right hand fork leg and overlap if required, then use the zip ties to gently hold the chip and rubber strip in place, once you are happy with the timing chip position tighten to ties so that they bite into the rubber strip and fix the chip in place.







Please note that it is your responsibility to ensure that the timing chip is securely fitted to your bike and Eventrex UK are not liable for any damage to you or your bike should you not do so.

You are also responsible for the return of your timing chip, at the end of your race please ensure it is returned to either a member of the timing team or organising team, if your timing chip is not returned it is possible that you will be charged £60 for it's replacement.











Many thanks to the event sponsors for helping us to put on this years championship

#WinNats21





www.irwinmitchell.com

veloviewer.com/





www.liftinggearprod.co.uk

zedbikewheels.com/



www.rapha.cc/gb/en/



www.brother.co.uk/cycling

www.barpina.co.uk





www.breedongroup.com/



coefficientcycling.com/









Many thanks to the event sponsors for helping us to put on this years championship

#WinNats21

We're thrilled that so many companies came forward to support the event. Without them, promoting an event of this size would not be possible.

Irwin Mitchell are the headline sponsor for the RTTC National Hill Climb Championship for the second year running, and are also running a fund raising initiative of their own to try to raise money for local Castleton causes. www.irwinmitchell.com/, www.justgiving.com/crowdfunding/NatHillChamps21

VeloViewer were extremely kind, sponsoring the cow bells that each rider will receive – there will be more for sale on the day! <u>veloviewer.com/</u>

Lifting Gear Products are a leading sponsor of cycling in Sheffield, and are headline sponsor of the most successful hill-climb race team in the last few years, Lifting Gear Products / Cycles in Motion www.liftinggearprod.co.uk/

Zed Bike Wheels make performance focused bike wheels, hand built in the UK, and support local events, teams and riders <u>zed-bikewheels.com/</u>

Brother UK is one of British cycle sport's leading sponsors, supporting three teams, several major events and a fleet of neutral service vehicles www.brother.co.uk/cycling

Coefficient Cycling are a new company, making innovative handlebars that increase comfort levels and are receiving great reviews coefficientcycling.co.uk/

Specialising in tacos, tequila and cocktails, **piña** is Sheffield's leading Mexican restaurant, and they're big cycling fans who provide support for Cycling Sheffield barpina.co.uk/

Rapha are one of the most well-known cycling brands in the UK, and have sponsored major teams and events for more than 15 years www.rapha.cc/

Band of Climbers exists to inspire others to ride their bikes in the mountains and hills www.bandofclimbers.com/

1 can of **MANGO GO!** is 1 of your 5-a-day AND it contains vitamin C AND it mixes the juicy Mango flavour with guarana and natural caffeine from green coffee beans. Sounds pretty perfect for a pre-race thirst-quencher! www.mangogo.org/

Breedon is a leading constriction materials group in Great Britain and Ireland, local to the Castleton area www.breedongroup.com/

Skyhook Coaching Services is all about testing, training, and attaining! They provide a new and dynamic concept in cycle training and continue to be an important supporter of cycling in Sheffield skyhookcoaching.com/

Jake Harrison is a keen cyclist and is well-known to riders in Sheffield. He specialises in sports massage, involving the manipulation of soft tissue to benefit a person engaged in regular physical activity www.facebook.com/JakeHarrisonTherapies/

Know thy Enemy. See the Wind! **myWindsock** provides insightful weather data to the sporting community – helping you plan your ride so that you can be the fastest you can be! <u>www.mywindsock.com/</u>

Paul Jones is an inspirational supporter of hill climbing (and cycling in general), who writes beautiful books and articles traumfahrrad.com/

18 Bikes is a bike shop in Hope. They mainly do mountain bikes, but they wanted to support our event despite the skinniness of our tyres! www.18bikes.co.uk/



Many thanks to the following businesses for donating raffle prizes

#WinNats21



zedbikewheels.com/



www.barpina.co.uk





coefficientcycling.com/

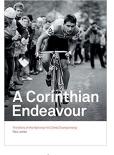
bandofclimbers.com





skyhookcoaching.com/





Paul Jones https://traumfahrrad.com/



mywindsock.com/



Many thanks to the following businesses for donating raffle prizes

#WinNats21

At 12:00, immediately before the prize presentation, we will hold a rider's number prize draw. Conditions of the prize draw are:

- 1 rider 1 prize
- You need to be present at the prize draw in order to win a prize. If your number is called
 and you are not there to collect your prize, another number will be picked. If there is a
 reason why you absolutely cannot stay, please inform the steward when you sign out,
 but we are hoping that as many people as possible will stay to congratulate the medal
 winners.

We have some fantastic prizes! These are a great incentive to hang around at the HQ for a while after the event (with coffee and cake of course!). Prizes include:

An amazing wheelset from Zed Bike Wheels https://zedbikewheels.com/

A set of brilliant carbon RR handlebars from Coefficient Cycling https://coefficientcycling.co.uk/

Merchandise, food bundles, vouchers and tequila from Sheffield's best Mexican restaurant, piña, http://barpina.co.uk/

Top quality cycling apparel from Band of Climbers https://www.bandofclimbers.com/

A super lightweight set of Pro Team Frameless glasses from Rapha https://www.rapha.cc/

A **performance-exploring lactate test and t-shirts** from Skyhook Coaching https://skyhookcoaching.com/

Wellness-boosting massage vouchers from Jake Harrison https://www.facebook.com/ JakeHarrisonTherapies/

Performance enhancing **RACE subscriptions** from MyWindsock http://www.mywindsock.com/

A copy of the book every hill climber needs to read, "A Corinthian Endeavour" by Paul Jones https://traumfahrrad.com/



A Hill Climber Lament

From 1951—the second event on Winnats

#WinNats21

The Hill-Climber's Lament1951

As you sit there in the saddle, with the seconds passing by, you think of when you entered, and then you wonder why: Your minute-man has reached the bend and starts to weave and dance You've got to reach that corner in a minute to stand a chance The next four minutes are going to hurt, but no time now to rue it, It's your own darned fault you're in this mess, what's more you've paid to do it!

five-four-three-two-one-GO!" That's it...the rear wheel spins then grips The front one tends to lift a bit, and shoes creak in the clips. T he butterflies have settled now and you're master of your mount. The job on hand....to do a ride, and make every second count, Steady! Not so fast there: Find a semblance of a rhythm having found it, keep it going if you want to be there with em. To climb this easy bit too fast could mean an awful bloomer, "Easy bit!"....Some blokes must have a queer sense of humour. You're fighting round the corner now, and the wind is playing tricks good job you scrubbed the "fifty-nine" and stuck to "fifty-six"

This is it: No let-up now, as you strive to stop the sway, mere legs are not enough now, and arms come into play, Your minute-man is now in sight, you think you're going quicker Hard to tell though, as he bobs about, the "gallery's" getting thicker. Yes: He's falling back now and doing a spot of tacking, You should just about do it, that's if you keep it cracking. On him now, he's in a state and really taking a hiding, to squeeze through now is going to need a spot of canny riding

There he goes! towards the verge, front wheel off the road, You're past him on the inside, and blow The Highway Code! Now, it's 'neck or nothin'.... with the gradient getting steeper as you fight towards the final bend in sight of the Timekeeper, The "Up, Up, Ups!" are louder now, with all the lads can give 'em as tortured aching arms and limbs strive to match the rhythm. The usual wise guy is there as well,...your answer wont bear print, as he leans out over the front wheel and shouts "This is where you sprint"

The last fifty yards are here now, with the old chalk line in sight, You can chip five seconds off your time by riding this bit right. So here goes, give it all you've got, and a little bit more as well, and the effort's stepped up slightly, though to do it hurts like h... That's it, someone grabs you and slips the toe-straps slack, Can't speak for just a moment, but your number's on your back. Ah! it's coming back now. "Say, have I beaten four minutes?" "Yes chum, three forty-nine" which ain't so bad for Winnats!

Richard 'Dick' Woore 1951 (Silver medalist 1948 hill climb championship and part of the winning team in 1947) Thanks Withington Wheelers for recording this poem and to Rebecca Richardson for bringing it to my attention.











Check List:

Don't ruin your day by forgetting something important! Make sure you bring the following:

- Rear light fitted to your bike. Make sure it's working!
- Pump, tools and spare inner tubes.
- Pen.
- Safety pins for your numbers.
- Helmet—if you are a junior or under 18 rider.
- Cycling shorts and jersey (or skinsuit), base layers, socks, towel.
- Cycling shoes. Often forgotten!
- Parental permission form—if you are under 18.
- Money for refreshments.

CLOCKS GO BACK ONE HOUR ON SATURDAY NIGHT!









